# BELEGUNGSPLAN – FITNESS-CENTER / KRAFTRAUM

KW 36 / 2026

| Zeit | Montag 31.08. | Dienstag 01.09. | Mittwoch 02.09. | Donnerstag 03.09. | Freitag 04.09. | Samstag 05.09. | Sonntag 06.09. | Zeit |
|---|---|---|---|---|---|---|---|---|
| 08:00 | Kraft & Fitness 08:00 - 12:00 | Kraft & Fitness 08:00 - 12:00 | Kraft & Fitness 08:00 - 12:00 | Kraft & Fitness 08:00 - 12:00 | Kraft & Fitness 08:00 - 12:00 | | | 08:00 |
| 09:00 | | | | | | | | 09:00 |
| 10:00 | | | | | | Kraft & Fitness 10:00 - 13:00 | Kraft & Fitness 10:00 - 13:00 | 10:00 |
| 11:00 | | | | | | | | 11:00 |
| 12:00 | | | | | | | | 12:00 |
| 13:00 | | | | | | | | 13:00 |
| 14:00 | | | | | | | | 14:00 |
| 15:00 | | | | | | | | 15:00 |
| 16:00 | Kraft & Fitness 16:00 - 22:00 | Kraft & Fitness 16:00 - 22:00 | Kraft & Fitness 16:00 - 22:00 | Kraft & Fitness 16:00 - 22:00 | Kraft & Fitness 16:00 - 22:00 | | | 16:00 |
| 17:00 | | | | | | | | 17:00 |
| 18:00 | | | | | | | | 18:00 |
| 19:00 | | | | | | | | 19:00 |
| 20:00 | | | | | | | | 20:00 |
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| 22:00 | | | | | | | | 22:00 |
| 23:00 | | | | | | | | 23:00 |