BELEGUNGSPLAN – FITNESS-CENTER / KRAFTRAUM

KW 40 / 2026

Zeit	Montag 28.09.	Dienstag 29.09.	Mittwoch 30.09.	Donnerstag 01.10.	Freitag 02.10.	Samstag 03.10.	Sonntag 04.10.	Zeit
08:00	Kraft & Fitness 08:00 - 12:00	Kraft & Fitness 08:00 - 12:00	Kraft & Fitness 08:00 - 12:00	Kraft & Fitness 08:00 - 12:00	Kraft & Fitness 08:00 - 12:00			08:00
09:00								09:00
10:00						Kraft & Fitness 10:00 - 18:00	Kraft & Fitness 10:00 - 18:00	10:00
11:00								11:00
12:00								12:00
13:00								13:00
14:00								14:00
15:00								15:00
16:00	Kraft & Fitness 16:00 - 22:00	Kraft & Fitness 16:00 - 22:00	Kraft & Fitness 16:00 - 22:00	Kraft & Fitness 16:00 - 22:00	Kraft & Fitness 16:00 - 22:00			16:00
17:00								17:00
18:00								18:00
19:00								19:00
20:00								20:00
21:00								21:00
22:00								22:00
23:00								23:00