BELEGUNGSPLAN – FITNESS-CENTER

KW 30 / 2028

Zeit	Montag 24.07.	Dienstag 25.07.	Mittwoch 26.07.	Donnerstag 27.07.	Freitag 28.07.	Samstag 29.07.	Sonntag 30.07.	Zeit
08:00	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**			08:00
09:00								09:00
10:00						**allgemeines Fitnesstraining** **Kraft & Fitness** **10:00 - 13:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **10:00 - 13:00**	10:00
11:00								11:00
12:00								12:00
13:00								13:00
14:00								14:00
15:00								15:00
16:00	**allgemeines Fitnesstraining** **Kraft & Fitness** **16:00 - 22:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **16:00 - 22:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **16:00 - 22:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **16:00 - 22:00**	**Kraft & Fitness** **16:00 - 22:00**			16:00
17:00								17:00
18:00								18:00
19:00								19:00
20:00								20:00
21:00								21:00
22:00								22:00
23:00								23:00