BELEGUNGSPLAN – FITNESS-CENTER

KW 37 / 2028

Zeit	Montag 11.09.	Dienstag 12.09.	Mittwoch 13.09.	Donnerstag 14.09.	Freitag 15.09.	Samstag 16.09.	Sonntag 17.09.	Zeit
08:00	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **08:00 - 12:00**			08:00
09:00								09:00
10:00						**allgemeines Fitnesstraining** **Kraft & Fitness** **10:00 - 13:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **10:00 - 13:00**	10:00
11:00								11:00
12:00								12:00
13:00								13:00
14:00								14:00
15:00								15:00
16:00	**allgemeines Fitnesstraining** **Kraft & Fitness** **16:00 - 22:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **16:00 - 22:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **16:00 - 22:00**	**allgemeines Fitnesstraining** **Kraft & Fitness** **16:00 - 22:00**	**Kraft & Fitness** **16:00 - 22:00**			16:00
17:00								17:00
18:00								18:00
19:00								19:00
20:00								20:00
21:00								21:00
22:00								22:00
23:00								23:00